

**Alcohol and Drug Unit Final Activity (60 points):**

Using the board below, create a winning row of tic-tac-toe by completing three boxes in a vertical or diagonal row (may not be horizontal). Please list the number that corresponds with your box at the start of each answer. Staple your work to this page and turn in at the end of class.

<p>1a. Write down three things that are important in your life. Then list all of the ways that using a substance could put those things at risk.</p>	<p>1b. Write a SMART Goal for something you would like to achieve in the next 3 years. Then describe how using drugs or alcohol might keep you from reaching that goal.</p>	<p>1c. Give an example of someone you know who has used drugs or alcohol. Describe how it has affected that persons life. Describe how it has affected the people around them.</p>
<p>2a. Besides saying "No", how can you assertively refuse drugs or alcohol? Give specific examples of what you could say <u>and</u> do if offered drugs or alcohol. Idea: Draw a comic or write a script to illustrate your points.</p>	<p>2b. In a paragraph or more describe the consequences of drinking alcohol while pregnant. <b>OR</b> In a paragraph or more describe the consequences of driving under the influence of alcohol.</p>	<p>2c. Draw or write about the reasons teens might choose to use drugs or alcohol. Then draw or write about all the reasons a teen would choose to abstain (not use) from drugs or alcohol.</p>
<p>3a. Write a 1 page story about a teen who starts to use drugs and goes through all the stages of addiction:</p> <p>You must include these <b>4</b> stages of addiction and also recovery: (and underline them in your story) You may end your story however you choose. If you are telling a true story, please change the names...</p> <p><b>1. Experimenting</b> <b>2. More regular use</b> <b>3. Daily Preoccupation</b> <b>4. Addiction</b> <b>5. Recovery</b></p>	<p>3b. Write and record a radio public service announcement about teen substance abuse, record it, and share it with your teacher.</p> <p>Choose a specific substance to focus on.</p> <p>Use the handout for more information.</p> <p>Must turn in the written PSA as well as be able to record and share the spoken PSA (use a cell phone?) with me at asia.richardson@lincoln.k12.or.us</p>	<p>3c. Write a persuasive paper to convince a friend to abstain (not use) marijuana. <b>OR</b> Write a persuasive paper taking a stand on marijuana laws. Choose a position and convince me that you are right.</p> <p>Your paper should be about 500 words (about 1 page written) long, Include an introductory paragraph, three body paragraphs, and a concluding paragraph. Be sure to acknowledge both sides of the argument.</p>

Bonus: List an adult who you could call if you were in a situation involving drugs or alcohol and needed help. \_\_\_\_\_